

Operation Clot Not: The State of Pediatric Thrombosis Treatment

Assistant Professor, Pediatric Hematology and Oncology
Director, Pediatric Thrombosis Program

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Objectives

At the completion of this lecture, participants should be able to:

- Recognize risk factors, presentation and diagnosis of venous thromboembolism in children
- Understand the evolution of pediatric thrombosis management
- Recognize contraindications and side effects of anticoagulant therapies in children
- Recognize limitations of direct oral anticoagulant (DOAC) use in children



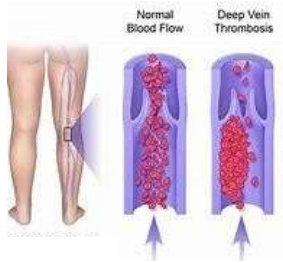
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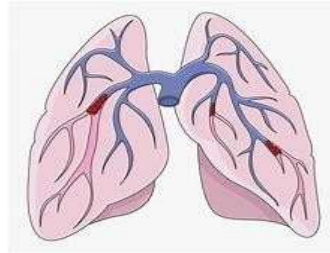
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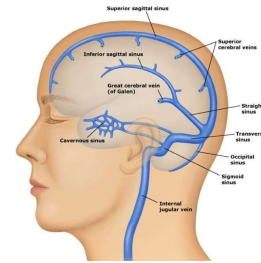
What is venous thromboembolism (VTE)?



Deep Vein Thrombosis (DVT)



Pulmonary Embolism (PE)



Cerebral Sinus Venous Thrombosis (CSVT)



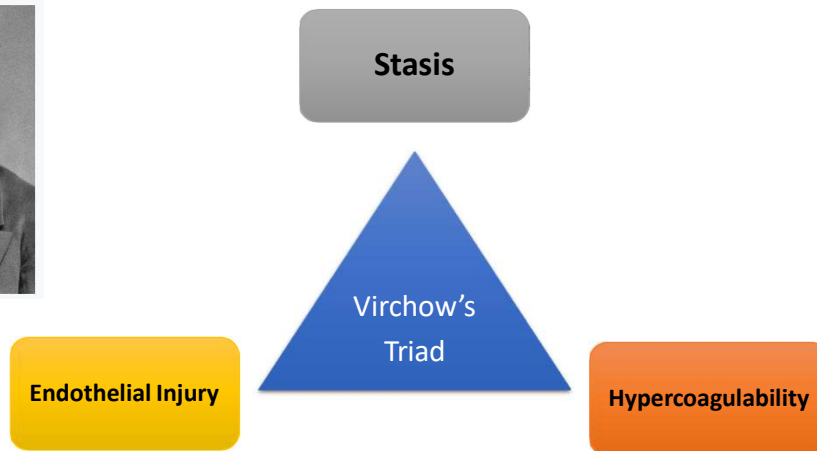
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Pathophysiology



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Risk Factors

- Infection
- Cardiac disease
- Malignancy
- Immobility
- Surgery
- Estrogen



Table 2. Prothrombotic Risk Factors in Adolescent VTE.

| Risk Factors | References |
|------------------------------------|------------|
| Anatomic abnormalities | 8-11 |
| Inherited thrombophilia | 12-14 |
| Antiphospholipid antibody syndrome | 15-18 |
| Cancer | 19-21 |
| Inflammatory bowel disease | 22-25 |
| Trauma | 26-29 |
| Hormonal therapy | 30-38 |
| Pregnancy | 39-40 |
| Iron deficiency anemia | 41-42 |
| Obesity | 43-47 |
| Sedentary causes | 48-51 |
| Sickle cell disease | 52-54 |



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Risk Factors

- The most common provoking factor in pediatrics is the presence of a central venous catheter (CVC)
 - ~90% of VTE in neonates
 - 60% in older children

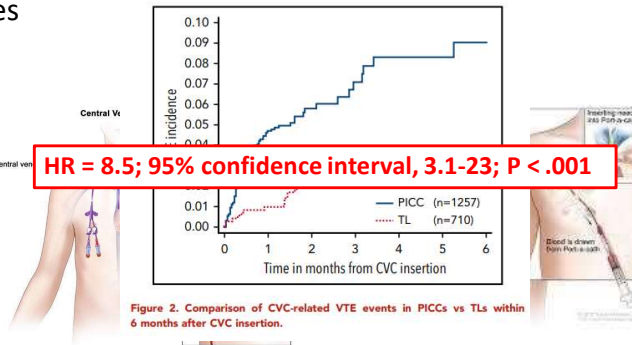
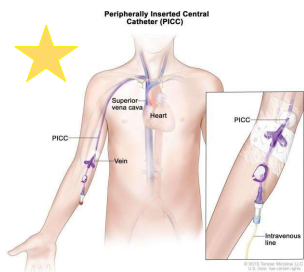


Figure 2. Comparison of CVC-related VTE events in PICCs vs TLs within 6 months after CVC insertion.

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RECOGNIZE THE SIGNS AND SYMPTOMS OF A BLOOD CLOT

Deep Vein Thrombosis (DVT)
Signs and Symptoms
BLOOD CLOT IN THE LEG OR ARM

National Blood Clot Alliance

stoptheclot.org

@stoptheclot

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STOP THE CLOT®

BLOOD CLOT AWARENESS: KNOW THE SIGNS & SYMPTOMS

S Swelling in the leg

T Tenderness leg cramps

O Out of breath

P Pass out lightheaded

C Chest pain back pain when breathing

L Leg discoloration (red/blue hue)

O Overdrive racing heart

T Time call for help 911

National Blood Clot Alliance

stoptheclot.org

@stoptheclot

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Diagnosis

*Depends on location of thrombosis

- Doppler ultrasound
 - Of affected extremity/area
 - No compressibility of the vein with or without visible intraluminal thrombus
- Chest CT angiogram with contrast
- CT venogram
- MR venogram



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Diagnostic Workup

- Labs to measure AT (not FOR) diagnosis
 - HISTORY!
 - CBC
 - Coagulation Studies
 - PT/PTT
 - Fibrinogen
 - D-Dimer
 - Factor VIII
 - Creatinine
 - Prior to starting low molecular weight heparin (LMWH)
 - Pregnancy Test
 - Prior to starting warfarin, direct oral anticoagulants (DOACs)
 - **Thrombophilia Evaluation**

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TREATMENT

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Pediatric VTE Treatment Guidelines-Duration



CHEST

ANTITHROMBOTIC THERAPY AND PREVENTION OF THROMBOSIS, 9TH ED. ACCP GUIDELINES

Supplement

Antithrombotic Therapy in Neonates and Children

Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines

Paul Monagle, MBBS, MD, FCCP, Anthony K. C. Chan, MBBS; Neil A. Goldenberg, MD, PhD; Rebecca N. Ichord, MD; Janna M. Journeyeake, MD, MSc; Ulrike Nowak-Göttl, MD; and Sara K. Vesely, PhD

CLINICAL GUIDELINES

blood advances

American Society of Hematology 2018 Guidelines for management of venous thromboembolism: treatment of pediatric venous thromboembolism

Paul Monagle,¹ Carlos A. Cuello,^{2,3} Caitlin Augustine,⁴ Mariana Bonduel,⁵ Leonardo R. Brandão,⁶ Tammy Capman,⁷ Anthony K. C. Chan,⁸ Sheila Hanson,⁹ Christoph Maki,¹⁰ Joerg Meerpooh,¹¹ Fiona Newall,^{12,13} Sarah H. O'Brien,¹⁴ Leslie Raffin,¹⁵ Heleen van Ommen,¹⁶ John Wiernikowski,¹⁷ Suzan Williams,¹⁸ Meha Bhatt,³ John J. Riva,^{2,19} Yefani Roldan,² Nicole Schwab,² Reem A. Mustafa,^{2,20} and Sara K. Vesely²¹

- suggests using anticoagulation for up to **3 months** rather than anticoagulation for longer than 3 months in pediatric patients with **provoked DVT or PE**
- suggests using anticoagulation for **6-12 months**...in pediatric patients with **unprovoked DVT or PE**



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JAMA | Original Investigation

Effect of Anticoagulant Therapy for 6 Weeks vs 3 Months on Recurrence and Bleeding Events in Patients Younger Than 21 Years of Age With Provoked Venous Thromboembolism The Kids-DOTT Randomized Clinical Trial

Neil A. Goldenberg, MD, PhD; John M. Kittelson, PhD; Thomas C. Abshire, MD; Marc Bonaca, MD, MPH; James F. Casella, MD; Rita A. Dale, MS; Jonathan L. Halperin, MD; Frances Hamblin, MSHS; Craig M. Kessler, MD; Marilyn J. Manco-Johnson, MD; Robert F. Sidonio, MD, MSc; Alex C. Spyropoulos, MD; P. Gabriel Steg, MD; Alexander G. G. Turpie, MD; Sam Schulman, MD; for the Kids-DOTT Trial Investigators and the ATLAS Group



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Kids-DOTT-Inclusion/Exclusion Criteria

eTable 1. Inclusion and exclusion criteria

Inclusion Criteria

- Children (birth to <21 years of age) with radiologically-confirmed acute deep venous thrombosis in the past 30 days
- In the opinion of the investigator, the venous thrombosis was a provoked (i.e., non-spontaneous) event (e.g.: hospitalization; Central venous catheterization; infection; dehydration; surgery; trauma; immobility; use of estrogen-containing oral contraceptive pills; flare of autoimmune/rheumatologic condition).

Exclusion Criteria

- Prior episode of VTE
- Malignancy that, in the opinion of the treating oncologist, is not in remission (note: remission may exist on or off anti-neoplastic therapy)
- Systemic lupus erythematosus
- Pulmonary embolism that is not accompanied by DVT or is more proximal than segmental branches of the pulmonary artery
- Use of, or intent to use, thrombolytic therapy
- Chronic anticoagulant at prophylactic dosing is being or will be administered beyond 6 months post VTE diagnosis
- Moderate/severe anticoagulant deficiency (defined by any one of the following):
 - protein C <20 IU/dL if patient is ≥ 3 months of age, or protein C below lower limit of detection if patient is <3 months of age;
 - antithrombin <30 IU/dL if patient is ≥ 3 months of age, or antithrombin below lower limit of detection if patient is <3 months of age;
 - protein S (free antigen or activity) <20 IU/dL.

NOTE regarding pregnancy and eligibility:

A patient who develops a DVT while pregnant who has no other provoking factor beyond the pregnancy will remain ineligible for this study.

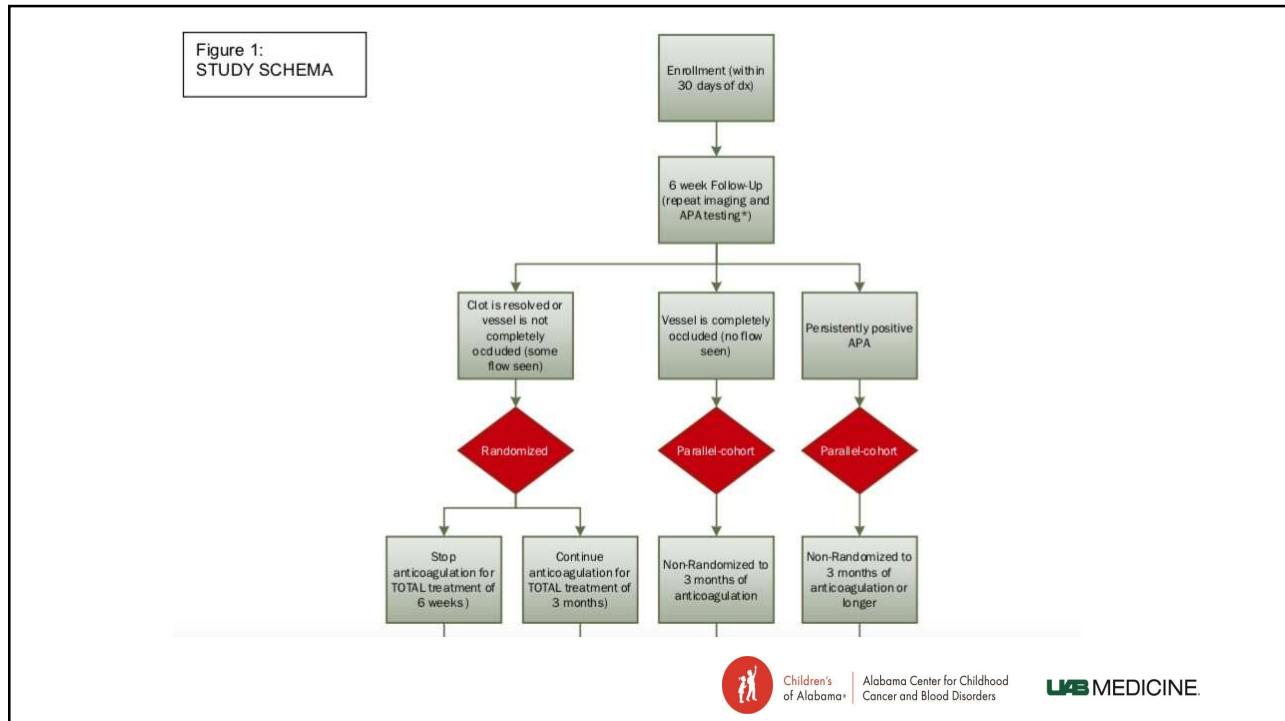


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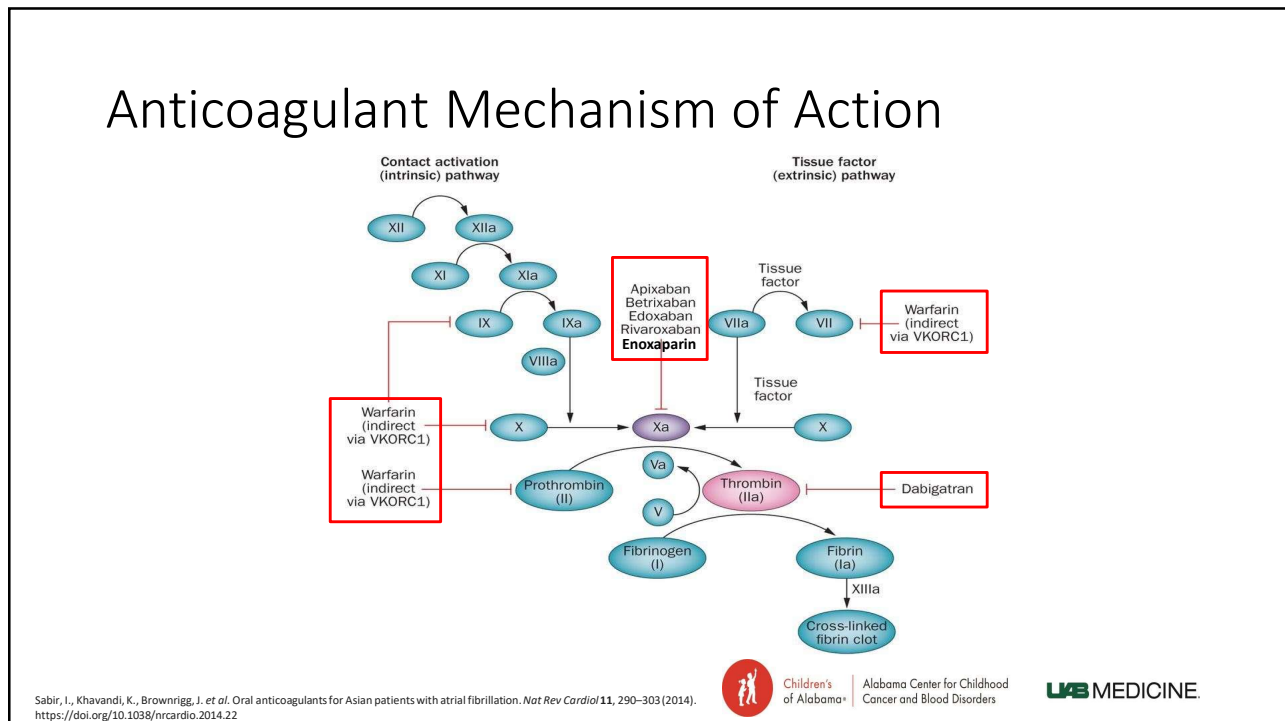
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Contraindications to Anticoagulation

Absolute

- Active bleeding
- Severe bleeding diathesis
- Recent, planned, or emergency high bleeding-risk surgery/procedure
- Major trauma
- Recent history of intracranial hemorrhage

Relative

- Recurrent bleeding from multiple gastrointestinal telangiectasias
- Intracranial or spinal tumors
- Large abdominal aortic aneurysm with concurrent severe hypertension
- Stable aortic dissection
- Recent, planned, or emergent low bleeding-risk surgery/procedure



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Standard of Care Treatment



Low Molecular Weight Heparin

Enoxaparin →
Dalteparin

8.4 Pediatric Use

Safety and effectiveness of Lovenox in pediatric patients have not been established. Lovenox is not approved for use in neonates or infants.



Vitamin K Antagonist

Warfarin

8.4 Pediatric Use

Adequate and well-controlled studies with COUMADIN have not been conducted in any pediatric population, and the optimum dosing, safety, and efficacy in pediatric patients is unknown. Pediatric use of COUMADIN is based on adult data and recommendations, and available limited pediatric data from observational studies and patient registries. Pediatric

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Challenges



INJECTIONS



DRUG
MONITORING



DIET AND FOOD
INTERACTIONS



FREQUENT LAB
DRAWS

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Enoxaparin-Dosing

Route of Administration: Subcutaneous

Indication(s): VTE treatment and prevention

Dosage Forms:

- Vials: 300 mg/3 mL
- Prefilled Syringes: 30, 40, 60, 80, 100, 120 or 150 mg

How to monitor: Anti-Xa, draw 4-6 hours post dose

Renally cleared

| Age | Treatment Dosing | Prophylaxis |
|------------------------------------|--|---|
| Premature less than 1 month | 2mg/kg/dose subQ every 12 hours | 0.75mg/kg/dose subQ every 12 hours |
| Full term less than 1 month | 1.7mg/kg/dose subQ every 12 hours | 0.75mg/kg/dose subQ every 12 hours |
| 1 to 2 months | 1.5mg/kg/dose subQ every 12 hours | 0.75mg/kg/dose subQ every 12 hours |
| 2 months to less than 14 years | 1mg/kg/dose subQ every 12 hours (Max: 150mg/dose) | 0.5mg/kg/dose subQ every 12 hours |
| Greater than or equal to 14 years: | 1mg/kg/dose (Max: 150mg/dose) subcutaneous every 12 hours - or - 1.5mg/kg/dose (Max: 225mg/dose) subcutaneous every 24 hours | 0.5mg/kg/dose (Max: 30mg/dose) subcutaneous every 12 hours - or - 40mg subcutaneous every 24 hours (*40mg twice daily in obese patients with BMI ≥ 40 kg/m ²) |



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Enoxaparin-Monitoring

*Enoxaparin Dosing Adjustment Recommendations for TWICE Daily Dosing:

Goal: 0.5-1

| Anti-Xa Level (units/mL) | Recommended Dosage Adjustment | Time to Repeat Anti-Xa Level |
|--------------------------|--|--|
| Less than 0.35 | Increase dose by 25% | 4 hours after next dose |
| 0.35 – 0.49 | Increase dose by 10% | 4 hours after next dose |
| 0.5 – 1 | Continue current dose | Next day, then 1 week, then monthly |
| 1.1 – 1.5 | Decrease dose by 20% | 4 hours after next dose |
| 1.6 – 2 | Hold dose for 3 hours and decrease dose by 30% | Before next dose, then 4 hours after the next dose |
| Greater than 2 | Hold all doses until anti-Xa is 0.5 units/mL, then decrease by 40% | Before next dose, every 12 hours until anti-Xa less than 0.5 |

*Please consider dosage formulation when adjusting doses to round to easily measurable doses on prefilled syringes if dose is 30mg or greater. Consult pharmacy for any questions regarding available formulations.

Massicotte MP, Adams M, Leaker M et al. A nomogram to establish therapeutic levels of the low molecular weight heparin (LMWH), clivarine in children requiring treatment for venous thromboembolism (VTE) *Thromb Haemostas.* 1997;78(suppl):282.



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Enoxaparin-Reversal

| Time since last dose of LMWH | Reversal Agent | Dose | Example |
|------------------------------|--|---|---|
| Less than 8 hours | Protamine (1 mg neutralizes 1 unit of LMWH) | DOSE = 1 mg of protamine IV for every mg of enoxaparin (Max dose = 50mg) | LMWH 40mg last given 4 hours ago = 40 mg protamine IV |
| 8 to 12 hours | Protamine (1 mg neutralizes 1 unit of LMWH) | DOSE = 0.5 mg of protamine IV for every mg of enoxaparin (Max dose = 50mg) | LMWH 40mg last given 9 hours ago = 20 mg protamine IV |
| Greater than 12 hours | Protamine unlikely to be necessary | | |



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Unfractionated Heparin (UFH)-Dosing

| Age | Initial Bolus Dose | Starting Infusion Rate |
|-----------------------|---|------------------------|
| Less than 1 year | 75 units/kg/dose (Max: 8,000 units/dose) | 28 units/kg/hr |
| 1 to 12 years | | 20 units/kg/hr |
| Greater than 12 years | | 18 units/kg/hr |



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UFH-Monitoring

Goal: 0.3-0.7

| Anti-Xa Level (units/mL) | Recommended Dosage Adjustment |
|----------------------------|---|
| Less than 0.2 | Bolus 75 units/kg. Increase drip by 4 units/kg/hr |
| 0.2 – 0.29 | Bolus 40 units/kg. Increase drip by 2 units/kg/hr |
| 0.3 – 0.7 | No change |
| 0.71 – 0.8 | Decrease drip by 2 units/kg/hr |
| 0.81 – 0.99 | Hold drip for 1 hour. Then decrease drip by 2 units/kg/hr |
| Greater than or equal to 1 | Hold drip for 1 hour. Then decrease drip by 3 units/kg/hr |



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UFH-Monitoring **Goal: 1.5-2.5x baseline**

| aPTT (seconds) | Recommended Dosage Adjustment |
|------------------|---|
| Less than 50 | Bolus 50 units/kg Increase drip by 10% |
| 50 – 59 | Increase drip by 10% |
| 60 – 85 | No change |
| 86 – 95 | Decrease drip by 10% |
| 96 – 120 | Hold drip for 30 minutes + Decrease drip by 10% |
| Greater than 120 | Hold drip for 1 hour + Decrease drip by 15% |

aPTT=Activated partial thromboplastin time



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UFH-Reversal

| Time since last dose of UFH | Reversal Agent | Dose | Example |
|-----------------------------|---|--|---|
| Less than 1 hour | Protamine (1 mg neutralizes 100 units of UFH) | DOSE in mg of protamine = UFH units infused over last 2 hours divided by 100 (Max dose = 50mg) | UFH infused in last 2 hours = 3000 units / 100 = 30 mg protamine IV |
| Greater than 1 hour | Protamine (1 mg neutralizes 100 units of UFH) | DOSE in mg of protamine = UFH units infused over last 2 hours divided by 200 (Max dose = 50mg) | UFH infused in last 2 hours = 3000 units / 200 = 15 mg protamine IV |



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Heparin Induced Thrombocytopenia (HIT)

- Severe complication
- Can happen in patients after exposed to heparin products
 - Caused by antibodies that recognize complexes of platelet factor 4 and heparin
- Signs
 - Thrombocytopenia (typically day 5-7)
 - Thrombosis (arterial and venous)
- Clinical diagnosis
- Treatment: DISCONTINUE ALL HEPARIN!



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Fondaparinux-Dosing

- Pediatric dosing
 - Treatment
 - 0.1 mg/kg SubQ once daily
- Adult dosing
 - Treatment
 - < 50kg: 5 mg SubQ once daily
 - 50-100 kg: 7.5 mg SubQ once daily
 - >100 kg: 10mg once SubQ daily
- Prophylaxis
 - 2.5 mg SubQ once daily



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Direct Thrombin Inhibitors

- Bivalirudin
- Argatroban



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Bivalirudin

- Dosing
 - Continuous infusion of 0.3 mg/kg/hr
- Monitoring
 - aPTT = 1.5 to 3 times initial baseline value per package insert
 - COA recommendations

| Patient Risk | Goal aPTT: |
|---|----------------------|
| High bleeding risk (fresh post op, open chest, ICH) | aPTT 50 - 70 Seconds |
| Standard Risk | aPTT 60 - 80 Seconds |
| High Clot Risk (History of pump/circuit interventions, recurrent fibrin deposits) | aPTT 70 - 90 Seconds |
| Other | Specify in order |



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Argatroban



- Dosing
 - 0.75 mcg/kg/minute
- Monitoring
 - aPTT = 1.5 to 3 times initial baseline value



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Oral Anticoagulants



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Warfarin-Dosing

| Age | Initial Treatment Dosing |
|----------|---|
| All ages | 0.1 to 0.2 mg/kg/dose once daily Max: 10 mg/dose |



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Warfarin-Bridging

- The use of parenteral anticoagulant for a period when International Normalized Ratio (INR) is not therapeutic or during interruption of warfarin therapy (i.e., surgery)
- Shouldn't be started alone for VTE treatment
- Warfarin should be continued along with parenteral anticoagulant until INR has remained ≥ 2 for at least 2 days (duration of overlap is typically 4 to 5 days).



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Warfarin-Monitoring

- INR
- Goal depends on indication for anticoagulation:

Typical Goal: 2-3



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Warfarin-Reversal

| INR | Clinical Setting | Intervention | Inpatient | Outpatient |
|---|---|---|---|--|
| Supratherapeutic, but <5 | No bleeding or no significant risk of bleeding | Lower or omit next warfarin dose(s) and reduce subsequent dose(s). | Recheck daily | Recheck within 2 weeks |
| 5 - 9.9 | No bleeding or no significant risk of bleeding | Verify MD has been notified. <ul style="list-style-type: none"> • Hold warfarin until INR therapeutic, then reduce subsequent dose(s) • Consider Vitamin K* PO | Recheck daily | Recheck within 1 week. |
| 5 - 9.9 | With bleeding | Verify MD has been notified. <ul style="list-style-type: none"> • Hold warfarin • Vitamin K* PO | Recheck daily or more often | Recheck 5-7 days with CBC or per MD plan. |
| ≥10 | With or without bleeding and/or low-moderate risk of bleeding | Verify MD has been notified. <ul style="list-style-type: none"> • Hold warfarin until INR therapeutic, then reduce subsequent dose(s). • Vitamin K* PO | Recheck daily or more often | Recheck following business day or per MD plan. |
| Surgery/procedure requiring emergent warfarin reversal with INR >2 Rapid Reversal | Bleeding or high risk for bleeding for surgery/procedure | <ul style="list-style-type: none"> • Hold warfarin • Consider Vitamin K* +/- FFP • Consider Vitamin K* IV + KCentra** (4-factor PCC) if surgery or procedure within 24 hours. (KCentra** dose dependent on INR and patient weight) | Recheck INR 30 minutes after KCentra** administration. Check INR every 6hrs for 24hrs. | |
| Severe, life-threatening bleed at ANY INR Rapid Reversal | Significant bleeding | <ul style="list-style-type: none"> • Hold warfarin • Vitamin K* 10mg IV + KCentra** (4-factor PCC) (KCentra** dose dependent on INR and patient weight. Give concurrently with vitamin K*) | Recheck INR 30 minutes after KCentra** administration. Check INR every 6hrs for 24hrs. | |



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Direct Oral Anticoagulant (DOAC)

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DOACs-Benefits

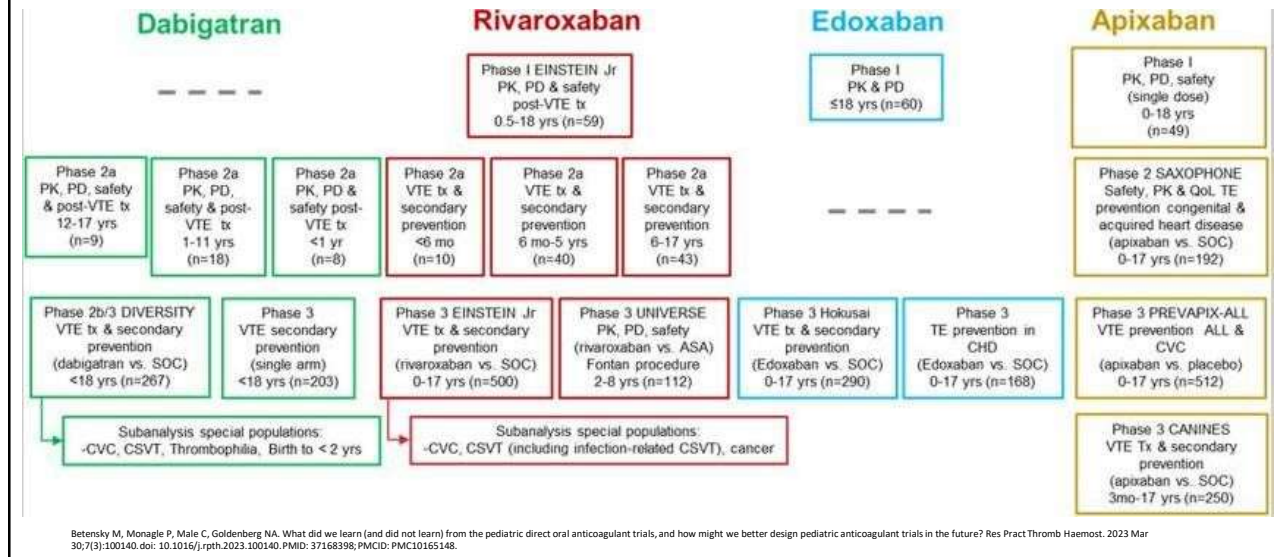
- Wide therapeutic window
 - No laboratory monitoring recommended
- No to minimal dietary restrictions
- Not dependent on antithrombin for therapeutic effect
- Less drug interactions
- No need for bridging due to rapid onset
- Low risk of bleeding

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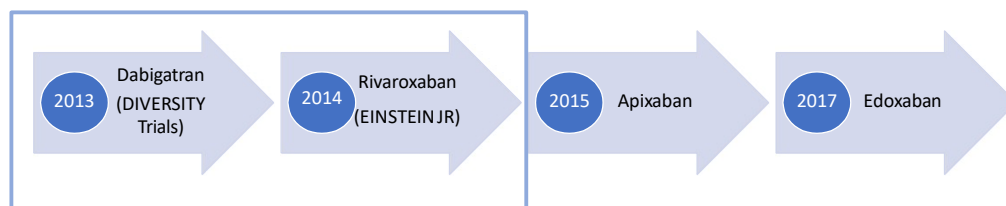
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Overview of DOAC Trials



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DOAC Trials



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Dabigatran- DIVERSITY Trial



Dabigatran etexilate for the treatment of acute venous thromboembolism in children (DIVERSITY): a randomised, controlled, open-label, phase 2b/3, non-inferiority trial

Jacqueline Halton, Leonardo R Brandão, Matteo Luciani, Lisa Bomgaars, Elizabeth Chalmers, Lesley G Mitchell, Ildar Nurmeev, Anjali Sharathkumar, Pavel Svirin, Kirill Gorbatikov, Igor Tartakovsky, Monika Simetzberger, Fenglei Huang, Zhichao Sun, Jörg Kreuzer, Savion Gropper, Paul Reilly, Martina Brueckmann, Manuela Albisetti on behalf of the DIVERSITY Trial Investigators*

Savion Gropper,¹⁸ Martina Brueckmann,^{18,19} and Matteo Luciani,¹⁹ on behalf of the DIVERSITY Study Investigators

¹The Hospital for Sick Children, Toronto, ON, Canada; ²Hematology Department, University Children's Hospital, Zürich, Switzerland; ³Children's Hospital of Eastern Ontario, University of Ottawa, Ottawa, ON, Canada; ⁴Department of Pediatrics, Texas Children's Cancer and Hematology Centers, Baylor College of Medicine, Houston, TX; ⁵Royal Hospital for Children, Glasgow, Scotland, United Kingdom; ⁶Department of Pediatrics, University of Alberta, Edmonton, AB, Canada; ⁷Pediatric Hospital, Republic of Tatarstan, Kazan Medical University, Kazan, Russian Federation; ⁸Pediatric Hematology Department, Municipal Children's Hospital "Morozovskaya," Moscow, Russian Federation; ⁹Pediatric Hematology/Oncology Department, University Hospital Ostrava, Ostrava, Czech Republic; ¹⁰Faculty of Medicine, University of Ostrava, Ostrava, Czech Republic; ¹¹Pediatric Hematology Department, University Hospital Brno, Brno, Czech Republic; ¹²Masaryk University, Brno, Czech Republic; ¹³Therapeutic Area Cardiometabolic Medicine, Boehringer Ingelheim International GmbH, Ingelheim am Rhein, Germany; ¹⁴Department of Clinical Development, Boehringer Ingelheim RCV GmbH & Co KG, Vienna, Austria; ¹⁵Translational Medicine and Clinical Pharmacology and ¹⁶Biostatistics and Data Sciences, Boehringer Ingelheim Pharmaceuticals, Inc, Ridgefield, CT; ¹⁷Boehringer Ingelheim Singapore Pte Ltd, Singapore; ¹⁸Faculty of Medicine Mannheim of the University of Heidelberg, Mannheim, Germany; and ¹⁹Pediatric Hematology/Oncology Department, Pediatric Hospital Bambino Gesù, Rome, Italy

https://doi.org/10.1182/blood.2019.090988

Halton J, Brandão LR, Luciani M, Bomgaars L, Chalmers E, Mitchell G, Nurmeev I, Sharathkumar A, Svirin P, Gorbatikov K, Tartakovsky I, Simetzberger M, Huang F, Sun Z, Kreuzer J, Gropper S, Reilly P, Brueckmann M, Albisetti M, DIVERSITY Trial Investigators. Dabigatran etexilate for the treatment of acute venous thromboembolism in children (DIVERSITY): a randomised, controlled, open-label, phase 2b/3, non-inferiority trial. *Lancet Haematol*. 2021 Jan;8(1):e22-e33. doi: 10.1016/S2352-3026(20)30368-9. Epub 2020 Dec 5. PMID: 33290737.

- Ages 0-17 years
- Compared dabigatran to standard of care (SOC) after 5-21 days of a parenteral anticoagulant
- 267 children enrolled
 - Dabigatran (177), SOC (90)
- **Dabigatran non-inferior to SOC for thrombus resolution, recurrent VTE and VTE related death without increased bleeding risk**

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Dabigatran- DIVERSITY Trial



Regular Article

CLINICAL TRIALS AND OBSERVATIONS

Safety of dabigatran etexilate for the secondary prevention of venous thromboembolism in children

Leonardo R Brandão,¹ Manuela Albisetti,² Jacqueline Halton,³ Lisa Bomgaars,⁴ Elizabeth Chalmers,⁵ Lesley G Mitchell,⁶ Ildar Nurmeev,⁷ Pavel Svirin,⁸ Tomas Kuhn,^{9,10} Ondrej Zapletal,^{11,12} Igor Tartakovsky,¹³ Monika Simetzberger,¹⁴ Fenglei Huang,¹⁵ Zhichao Sun,¹⁶ Jörg Kreuzer,¹⁷ Savion Gropper,¹⁸ Martina Brueckmann,^{18,19} and Matteo Luciani,¹⁹ on behalf of the DIVERSITY Study Investigators

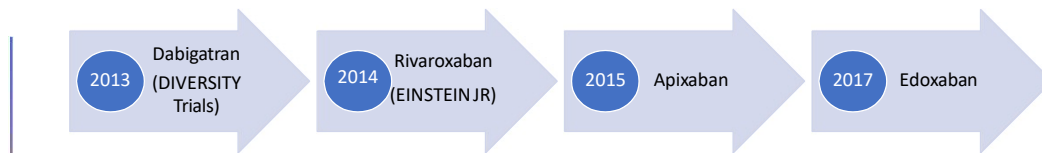
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- Ages 0-17 years
- 203 children enrolled
- Extended secondary prevention up to 1 year
- Primary endpoints: VTE recurrence, bleeding events, mortality at 6 and 12 months
- **2/203 (1%) with on treatment VTE recurrence; 3/203 (1.5%) experienced major bleeding and 2(1%) with CRNMB**

Leonardo R Brandão, Manuela Albisetti, Jacqueline Halton, Lisa Bomgaars, Elizabeth Chalmers, Lesley G Mitchell, Ildar Nurmeev, Pavel Svirin, Tomas Kuhn, Ondrej Zapletal, Igor Tartakovsky, Monika Simetzberger, Fenglei Huang, Zhichao Sun, Jörg Kreuzer, Savion Gropper, Martina Brueckmann, Matteo Luciani, on behalf of the DIVERSITY Study Investigators, Safety of dabigatran etexilate for the secondary prevention of venous thromboembolism in children. *Blood* 2020; 135 (7): 491-504. doi: <https://doi.org/10.1182/blood.2019.090988>

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DOAC Trials



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Rivaroxaban- EINSTEIN-JR Trials

Rivaroxaban compared with standard anticoagulants for the treatment of acute venous thromboembolism in children: a randomised, controlled, phase 3 trial



Christoph Male, Anthonie WA Lensing, Joseph S Palumbo, Riten Kumar, Idar Nurmeev, Kerry Hege, Damien Bonnet, Philip Connor, Hélène L Hooimeijer, Marcela Torres, Anthony K C Chan, Gill Kenet, Susanne Holzhauser, Amparo Santamaría, Pascal Amedro, Elizabeth Chalmers, Paolo Simioni, Rukhmi V Bhat, Donald L Yee, Olga Luova, Jan Beyer-Westendorf, Tina T Biss, Ida Martinelli, Paola Saracco, Marjolein Peters, Krisztján Kállay, Cynthia A Gauger, M Patricia Massiotte, Guy Young, Akos F Papp, Madhurima Majumder, William T Smith, Jürgen F Heubach*, Scott D Berkowitz, Kirstin Thelen, Dagmar Kubitzka, Mark Crowther, Martin H Prijs, Paul Monagle, for the EINSTEIN-Jr Phase 3 Investigators†

- Ages 0-17
- Compared rivaroxaban vs standard of care after 5-9 days of parental anticoagulation
- 500 children enrolled
- **Similar low recurrence risk and reduced thrombotic burden without increase in bleeding risk in both groups**

Male C, Lensing AWA, Palumbo JS, Kumar R, Nurmeev I, Hege K, Bonnet D, Connor P, Hooimeijer HL, Torres M, Chan AKC, Kenet G, Holzhauser S, Santamaría A, Amedro P, Chalmers E, Simioni P, Bhat RV, Yee DL, Luova O, Beyer-Westendorf J, Biss TT, Martinelli I, Saracco P, Peters M, Kállay K, Gauger CA, Massiotte MP, Young G, Papp AF, Majumder M, Smith WT, Heubach JF, Berkowitz SD, Thelen K, Kubitzka D, Crowther M, Prijs MH, Monagle P, EINSTEIN-Jr Phase 3 Investigators. Rivaroxaban compared with standard anticoagulants for the treatment of acute venous thromboembolism in children: a randomised, controlled, phase 3 trial. *Lancet Haematol*. 2020 Jan;7(1):e18-e27. doi:10.1016/S2352-3026(19)30219-4. Epub 2019 Nov 5. PMID: 31699660.

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FDA NEWS RELEASE

FDA Approves First Oral Blood Thinning Medication for Children

2021

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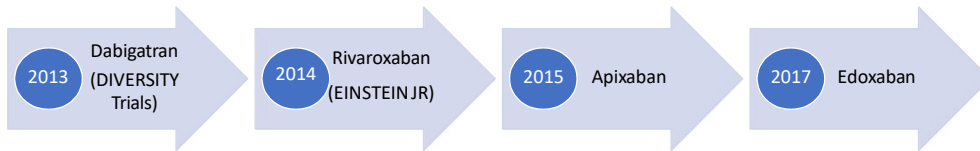
INNOVATION

For Immediate Release: June 21, 2021

FDA Approves Two New Indications for XARELTO® (rivaroxaban) to Help Prevent and Treat Blood Clots in Pediatric Patients

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DOAC Trials



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Apixaban Trials

| Trial | Results |
|---|---|
| SAXOPHONE¹ <ul style="list-style-type: none"> Phase 2, open label, RCT Ages 29 days to 17 years Compared Apixaban vs SOC in children with congenital or acquired heart disease at risk for VTE | Final results have not been published No thrombotic events in the treatment or comparator groups; low bleeding rates |
| PREVAPIX-ALL² <ul style="list-style-type: none"> Phase 3, open label, RCT Ages 0-17 years 512 children enrolled | 31% risk reduction in the primary efficacy end point (composite of VTE and VTE-related death) (12.1% vs 17.6%) with apixaban compared with SOC, but this difference was not statistically significant |
| *CANINES (NCT02464969) <ul style="list-style-type: none"> Apixaban for the Acute Treatment of VTE in Children | Inclusion Criteria: <ol style="list-style-type: none"> Birth to <18 years of age with a minimum weight of 2.6 kg at the time of randomization. Presence of an index VTE which is confirmed by imaging. Intention to manage the index VTE with anticoagulation treatment for at least 6 to 12 weeks. Subjects able to tolerate oral feeding, nasogastric (NG), gastric (G) feeding and are currently tolerating enteric medications, as per investigator's judgement. |

1. Payne R.M., Burns K.M., Glatz A.C., Li D., Li X., Monagle P., et al. A multi-national trial of a direct oral anticoagulant in children with cardiac disease: design and rationale of the safety of Apixaban on pediatric heart disease on the prevention of embolism (SAXOPHONE) study. *Am Heart J.* 2019;217:52-63; Payne R, Burns K, Glatz A, Male C, Dotti A, Brandao L, et al. The SAXOPHONE study; a multi-center, multi-national randomized trial of apixaban versus standard of care anticoagulation for thromboprophylaxis in children with congenital or acquired heart disease. *Res Pract Thromb Haemost.* 2022;6:120.
2. O'Brien SH, Li D, Mitchell LG, Hess T, Zee P, Yee DL, Newburger JW, Sung L, Rodriguez V. PREVAPIX-ALL: Apixaban Compared to Standard of Care for Prevention of Venous Thrombosis in Paediatric Acute Lymphoblastic Leukaemia (ALL)-Rationale and Design. *Thromb Haemost.* 2019 May;119(5):844-853. doi: 10.1055/s-0039-1679938. Epub 2019 Mar 12. PMID: 30861550.

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Edoxaban Trials

| Trial | Results |
|--|---|
| Hokusai VTE Pediatrics¹ <ul style="list-style-type: none"> Phase 3, noninferiority, open-label RCT Acute VTE treatment and secondary prevention Ages 0-17 years 290 children enrolled Compared Edoxaban vs SOC for treatment (3 mo) followed by 9 month extension post treatment | <ul style="list-style-type: none"> Final results have not been published |
| ENNOBLE-ATE² <ul style="list-style-type: none"> Phase 3, open-label RCT VTE prevention in cardiac disease Ages 0-17 years 168 children enrolled Compared Edoxaban vs SOC for treatment (3 mo) followed by 9 month extension post treatment (147) | <ul style="list-style-type: none"> 1 CRNMB in each group 1 patient with VTE in the SOC group and none in the edoxaban group Extension (147 children) <ul style="list-style-type: none"> 1 CRB 4 VTE |

1. van Ommen C.H., Albisetti M., Chan A.K., Estepp J., Jaffray J., Kenet G., et al. The edoxaban Hokusai VTE PEDIATRICS study: an open-label, multicenter, randomized study of edoxaban for pediatric venous thromboembolic disease. *Res Pract Thromb Haemost.* 2020;4:886-892.

2. Portman M.A., Jacobs J.P., Newburger J.W., Berger F., Grosso M.A., Duggal A., et al. ENNOBLE-ATE Trial Investigators. Edoxaban for thromboembolism prevention in pediatric patients with cardiac disease. *J Am Coll Cardiol.* 2022;80:2301-2310

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Dabigatran

- Route of Administration: Oral
- Indications: Approved for pediatric VTE treatment and prevention
- Dosage Forms:
 - Oral pellets: 3 mo-12 years
 - Capsules: >8 years-<18 years
- Avoid in ESRD (eGFR <50); no adjustment in hepatic impairment



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Dabigatran



Venous thromboembolic event (VTE), treatment and prevention: Note: For treatment, initiate dabigatran after 5 days of treatment with a parenteral anticoagulant; for prevention, initiate dabigatran after treatment is complete. Adjust dose during treatment according to age **and** actual weight:

Oral pellets:

Note: Dosing is based on weight AND age; use caution when selecting dose. Twice-daily dosing should be as close to a 12-hour dosing interval as is possible.

Infants 3 to <4 months:

Weight 3 to <4 kg: Oral pellets: Oral: 30 mg twice daily.

Weight 4 to <7 kg: Oral pellets: Oral: 40 mg twice daily.

Weight 7 to <9 kg: Oral pellets: Oral: 50 mg twice daily.

Infants 4 to <5 months:

Weight 3 to <4 kg: Oral pellets: Oral: 30 mg twice daily.

Weight 4 to <7 kg: Oral pellets: Oral: 40 mg twice daily.

Weight 7 to <9 kg: Oral pellets: Oral: 60 mg twice daily.

Infants 5 to <6 months:

Weight 3 to <4 kg: Oral pellets: Oral: 30 mg twice daily.

Weight 4 to <5 kg: Oral pellets: Oral: 40 mg twice daily.

Weight 5 to <7 kg: Oral pellets: Oral: 50 mg twice daily.

Weight 7 to <11 kg: Oral pellets: Oral: 60 mg twice daily.

Infants 6 to <7 months:

Weight 4 to <5 kg: Oral pellets: Oral: 40 mg twice daily.

Weight 5 to <7 kg: Oral pellets: Oral: 50 mg twice daily.

Weight 7 to <9 kg: Oral pellets: Oral: 60 mg twice daily.

Weight 9 to <11 kg: Oral pellets: Oral: 80 mg twice daily.

Capsules:

Children ≥8 years and Adolescents <18 years:

Weight 11 to <16 kg: Capsules: Oral: 75 mg twice daily.

Weight 16 to <26 kg: Capsules: Oral: 110 mg twice daily.

Weight 26 to <41 kg: Capsules: Oral: 150 mg twice daily.

Weight 41 to <61 kg: Capsules: Oral: 185 mg twice daily.

Weight 61 to <81 kg: Capsules: Oral: 220 mg twice daily.

Weight ≥81 kg: Capsules: Oral: 260 mg twice daily.

***The dosage forms are not interchangeable on a mg:mg basis due to pharmacokinetic differences**

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Rivaroxaban

- Route of Administration: Oral
- Indication(s): Approved for pediatric VTE treatment and prevention (including Fontans)
- Dosage Forms
 - Oral suspension: 1 mg/mL
 - Tablets: 2.5 mg, 10 mg, 15 mg, and 20 mg
- Avoid: CrCl < 30ml/min
- Avoid: moderate to severe impairment



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Rivaroxaban



Venous thromboembolism (VTE): Note: Dosing based on the EINSTEIN-Jr phase 3 study ^(ref):

Treatment (after stabilization with ≥5 days of initial parenteral treatment):

Note: Begin treatment after at least 10 days of oral feeding. Recommended duration of treatment is 3 months (up to 12 months when clinically appropriate) unless <2 years of age with catheter-related VTE where recommended duration of treatment is 1 month (up to 3 months when clinically appropriate):

Infants, Children, and Adolescents:

Oral suspension:

2.6 to 2.9 kg: Oral: 0.8 mg/dose every 8 hours.

3 to 3.9 kg: Oral: 0.9 mg/dose every 8 hours.

4 to 4.9 kg: Oral: 1.4 mg/dose every 8 hours.

5 to 6.9 kg: Oral: 1.6 mg/dose every 8 hours.

7 to 7.9 kg: Oral: 1.8 mg/dose every 8 hours.

8 to 8.9 kg: Oral: 2.4 mg/dose every 8 hours.

9 to 9.9 kg: Oral: 2.8 mg/dose every 8 hours.

10 to 11.9 kg: Oral: 3 mg/dose every 8 hours.

12 to 29.9 kg: Oral: 5 mg/dose every 12 hours.

30 to 49.9 kg: Oral: 15 mg/dose every 24 hours.

≥50 kg: Oral: 20 mg/dose every 24 hours.

Oral tablet: Note: Rivaroxaban 2.5 mg tablets are not recommended for use in pediatric patients; safety, efficacy, and pharmacokinetic/pharmacodynamic data are lacking for this dosage form.

30 to 49.9 kg: Oral: 15 mg/dose every 24 hours.

≥50 kg: Oral: 20 mg/dose every 24 hours.

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DOAC Adult Dosing

| DOAC | Treatment Dosing | |
|--------------|--|---|
| Apixaban | 10mg BID x7 days, then 5mg BID (Reduce dose to 2.5mg BID after 6 months of therapy for prophylaxis) | Atrial fibrillation, nonvalvular Heparin-induced thrombocytopenia Left ventricular thrombus, treatment or prophylaxis Venous thromboembolism |
| Edoxaban | <60 kg: 30mg ONCE daily after at least 5 days of treatment with UFH/LMWH >60 kg: 60mg ONCE daily after at least 5 days of treatment with UFH/LMWH | Nonvalvular atrial fibrillation Venous thromboembolism |
| *Rivaroxaban | 15mg BID x21 days then 20mg ONCE daily (Reduce dose to 10mg once daily after 6 months of therapy for prophylaxis) | |
| Dabigatran | 150mg BID after at least 5 days of treatment with UFH/LMWH | |

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| DOAC Comparison | | | | |
|----------------------------|---|---|---|--|
| | Apixaban | Dabigatran | Edoxaban | Rivaroxaban |
| Adult Dosing | 10mg BID x7 days then 5mg BID | 150mg BID* | >60 kg: 60 mg daily; ≤60 kg: 30 mg daily* | 15mg BID x21 days then 20mg daily |
| Formulations | Tablets: 2.5mg, 5mg | Capsules: 75mg, 110mg, 150mg | Tablets: 15mg, 30mg, 60mg | Tablets: 75mg, 110mg, 150mg Suspension: 1 mg/mL |
| Administration | Without regard to food; May crush | Without regard to food; Do not open | Without regard to food; May crush | With food; May crush (swallow whole in pediatrics) |
| Drug Interactions | CYP | P-Glycoprotein | P-Glycoprotein | P-Glycoprotein |
| Renal limitations | Avoid: < 15ml/Min (Not studied if CrCl < 25ml/min or SCr > 2.5) | Avoid: CrCl < 30ml/min; Dialyzable | Avoid: CrCl < 15ml/min CrCl > 95 ml/min | Avoid: CrCl< 30ml/min |
| Hepatic limitations | Avoid: severe impairment | None | Avoid : moderate to severe impairment | Avoid: moderate to severe impairment |
| Obesity (BMI >40 / 120 kg) | Avoid | Avoid | Avoid | Avoid |
| Clinical Reversal | Andexanet alfa, activated charcoal, Kcentra | Idarucizumab, activated charcoal, Kcentra | Andexanet alfa, activated charcoal, Kcentra | Andexanet alfa, activated charcoal, Kcentra |
| Monitoring | Anti-Xa | DTT, ECT | Anti-Xa | Anti-Xa |

- After at least 5 days of parenteral anticoagulation
- DTT= direct thrombin time
- ECT= ecarin clotting time

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DOAC Reversal

- “Reversal agents carry a risk of life-threatening thrombosis and should only be used under the direction of a specialist with expertise in their use and/or in a patient at imminent risk of death from bleeding.” Therefore, use should be reserved for life threatening bleeding!



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DOAC Reversal

- Idarucizumab (Praxabind)
 - A humanized monoclonal antibody fragment that binds dabigatran to neutralize its anticoagulant effects as measured by plasma-dilute thrombin time.
- Andexanet alfa (Andexxa)
 - Recombinant modified human coagulation factor Xa that binds to and sequesters factor Xa inhibitors to neutralize their anticoagulant effects as measured by anti-Xa activity.

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DOAC Reversal

| DOAC | Preferred | *Alternatives | Comments |
|-------------|------------------|------------------|---|
| Apixaban | KCentra (4F-PCC) | Andexanet alfa* | <ul style="list-style-type: none"> Can be used for life threatening bleeding or critical site bleeding (i.e. ICH) Andexanet alfa should not be used if apixaban was last given over 18 hours ago or major embolic event occurred in past two weeks. |
| Dabigatran | KCentra (4F-PCC) | Idarucizumab* | <ul style="list-style-type: none"> Can be used for life threatening bleeding or critical site bleeding (i.e. ICH), or emergent procedure that cannot be delayed at least 8 hours |
| Edoxaban | KCentra (4F-PCC) | KCentra (4F-PCC) | <ul style="list-style-type: none"> Can be used for life saving surgery, life threatening bleeding or critical site bleeding (i.e. ICH) |
| Rivaroxaban | KCentra (4F-PCC) | Andexanet alfa* | <ul style="list-style-type: none"> Can be used for life threatening bleeding or critical site bleeding (i.e. ICH) Andexanet alfa should not be used if apixaban was last given over 18 hours ago or major embolic event occurred in past two weeks. |

***NOTE: Andexanet alfa and Idarucizumab are NOT approved in pediatrics and dosing is unknown; therefore, these agents are NOT currently on formulary at COA at the time of this update, so consider 2nd line intervention. Refer to Lexi-Comp or consult pharmacy for dosing recommendations based on the dose of DOAC that was given and when the last dose was administered.**

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Who SHOULDN'T be treated with a DOAC...



Known antiphospholipid syndrome (APS) or concern for



Mechanical heart valves



Undergone GI/bariatric surgery or any underlying condition where there is concern for altered absorption



Moderate to severe hepatic or renal impairment



Morbid obesity (BMI >40 kg/m²)



Patients with current medications that interact with DOAC function

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Rivaroxaban and APS

Plenary Paper

CLINICAL TRIALS AND OBSERVATIONS

Rivaroxaban vs warfarin in high-risk patients with antiphospholipid syndrome

Vittorio Pengo,¹ Gentian Denas,¹ Giacomo Zoppellaro,¹ Seena Padayattil Jose,¹ Ariela Hoxha,² Amelia Ruffatti,³ Laura Andreoli,⁴ Angela Tincani,⁵ Caterina Cenci,⁶ Domenico Prisco,⁷ Tiziana Fierro,⁸ Paolo Greslele,⁹ Arturo Cafolla,¹⁰ Valeria De Micheli,¹¹ Angelo Ghirarduzzi,¹² Alberto Tosetto,¹³ Anna Falanga,¹⁴ Ida Martinelli,¹⁵ Sophie Testa,¹⁶ Doris Barcellona,¹⁷ Maria Gerosa,¹⁸ and Alessandra Banzato¹⁹

¹Cardiologic Clinic, Thrombosis Centre, Department of Cardiac, Thoracic and Vascular Sciences, and ²Rheumatology Unit, Department of Medicine, University of Padua, Padua, Italy; ³Rheumatology and Clinical Immunology Unit, Department of Clinical and Experimental Sciences, University of Brescia, Brescia, Italy; ⁴Department of Experimental and Clinical Medicine, University of Rome, Rome, Italy; ⁵Section of Internal and Cardiovascular Medicine, Department of Medicine, University of Perugia, Perugia, Italy; ⁶Department of Cellular Biotechnologies and Hematology Thrombosis Centre, Sapienza University of Rome, Rome, Italy; ⁷Transfusion Medicine, Dialecto Hospital, Merate, Italy; ⁸Hepatology Unit, Department of Internal Medicine, Santa Maria Luova Hospital, Reggio Emilia, Italy; ⁹Hematology Department, San Bartolomeo Hospital, Vienna, Italy; ¹⁰Department of Hematopathology and Transfusion Medicine and Hematology and Thrombosis Center, Hospital Papa Giovanni XXIII, Bergamo, Italy; ¹¹A. Bianchi Bonomi Hemophilia and Thrombosis Center, Fondazione IRCCS Cà Granda-Ospedale Maggiore Policlinico, Milan, Italy; ¹²Hematology and Thrombosis Center, Laboratory Medicine Department, Azienda SocioSanitaria Territoriale, Cremona, Italy; ¹³Department of Medical Sciences and Public Health, University of Cagliari, Cagliari, Italy; and ¹⁴Division of Rheumatology, Department of Clinical Sciences and Community Health, Ospedale Sestano Pini, University of Milan, Milan, Italy

Table 4. Adjudicated efficacy and safety outcomes

| Outcome, n | "As treated" analysis | | | | ITT analysis | | | |
|---|-----------------------|-------------------|----------------|-----|----------------------|-------------------|----------------|------|
| | Rivaroxaban (n = 59) | Warfarin (n = 61) | HR (95% CI) | P | Rivaroxaban (n = 59) | Warfarin (n = 61) | HR (95% CI) | P |
| Thromboembolic events, major bleeding, and vascular death | 11 (19) | 2 (3) | 6.7 (1.5-30.5) | .01 | 13 (22) | 2 (3) | 7.4 (1.7-32.9) | .008 |
| Arterial thrombosis | 7 (12) | 0 | — | — | 7 (12) | 0 | — | — |
| Ischemic stroke | 4 (7) | 0 | — | — | 4 (7) | 0 | — | — |
| Myocardial infarction | 3 (5) | 0 | — | — | 3 (5) | 0 | — | — |
| Venous thromboembolism | 0 | 0 | — | — | 1 (2) | 0 | — | — |
| Major bleeding | 4 (7) | 2 (3) | 2.5 (0.5-13.6) | .3 | 4 (7) | 2 (3) | 2.3 (0.4-12.5) | .3 |
| Death | 0 | 0 | — | — | 1 (2) | 0 | — | — |

Numbers in parentheses denote percentage with respect to total. —, statistical analysis not applicable.

Vittorio Pengo, Gentian Denas, Giacomo Zoppellaro, Seena Padayattil Jose, Ariela Hoxha, Amelia Ruffatti, Laura Andreoli, Angela Tincani, Caterina Cenci, Domenico Prisco, Tiziana Fierro, Paolo Greslele, Arturo Cafolla, Valeria De Micheli, Angelo Ghirarduzzi, Alberto Tosetto, Anna Falanga, Ida Martinelli, Sophie Testa, Doris Barcellona, Maria Gerosa, Alessandra Banzato; Rivaroxaban vs warfarin in high-risk patients with antiphospholipid syndrome. *Blood* 2018; 132 (13):1365-1371. doi: <https://doi.org/10.1182/blood-2018-04-848333>

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Drug Interactions

| | P-gp Inhibitor | Non-P-gp Inhibitor | P-gp Inducer |
|---------------------------------|---|--------------------|--|
| Strong CYP3A inhibitor | itraconazole, ketoconazole, clarithromycin, lopinavir, indinavir, ritonavir, telaprevir | voriconazole | |
| Moderate CYP3A inhibitor | erythromycin, verapamil, diltiazem, dronedarone | not identified | doxorubicin |
| Weak CYP3A inhibitor | lapatinib, quinidine, cyclosporine, felodipine, azithromycin, ranazoline, ticagrelor, chloroquine, hydroxychloroquine | cimetidine | vinblastine |
| CYP3A Inducers | | | carbamazepine, phenytoin, phenobarbital, rifampin, dexamethasone, tocilizumab, St. John's Wort |

CYP = Cytochrome P 450; P-gp = P-glycoprotein.


Ferri N, Colombo E, Tenconi M, Baldessin L, Corsini A. Drug-Drug Interactions of Direct Oral Anticoagulants (DOACs): From Pharmacological to Clinical Practice. *Pharmaceutics*. 2022 May 24;14(6):1120. doi: 10.3390/pharmaceutics14061120. PMID: 35745692; PMCID: PMC9229376.

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Key Points

- Majority of pediatric VTE are provoked, with CVC being the most common provoking factor.
- Individualized approach to treatment needed-DOACs are not appropriate for all children.
- Additional studies of DOACs are needed to further evaluate safety and efficacy in real world practice.

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Thrombosis Clinic

| | |
|--|---|
| Patient and family-centered care | Diagnosis and management of DVT/PE |
| Anticoagulation monitoring | Thrombophilia evaluation and interpretation |
| Support and education for patient and family | Clinical research and clinical trials |

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